



What strategies and attitudes can I develop to feel at home in the outdoors, enjoy activities like canoeing, hiking and rock climbing, and reduce my environmental impact? What meditative and creative practices can I use to help reduce stress and to appreciate & value my surroundings? What can I learn about my place in the world from stories, poems and essays about wilderness experience and ecology? How can I develop my creative and critical abilities in both art and writing in response to natural and urban landscapes?

In _____, two courses are led by two teachers for one group of students. You'll pose challenging questions, make connections between disciplines, collaborate in activities & creative projects with peers and profs, and enjoy an awesome 3-day outdoor experience at a centre de plein air over a weekend in September. For more information, use MIO to contact